



THE BUZZ

BERGVLIET HIGH SCHOOL



GREATER EXPECTATION, GREATER SUCCESS

SEPTEMBER 2020

PROTECTING OUR EARTH TODAY, FOR OUR CHILDREN'S TOMORROW

11 Ways Bergvliet is going GREEN....

Solar Power



We have, through the Sun Exchange, invested in a solar power plant on our north and west facing buildings. The plant has performed admirably during the cold and dark winter months and with the longer and brighter days of summer approaching, the plant will continue to increase its output.

Reduction of our Carbon Footprint



With the move to solar power we are reducing the carbon footprint of the school. In the few months since moving most of our electricity consumption to solar power, we have already prevented over 15 tonnes of carbon dioxide being released into the atmosphere, which is the equivalent of having planted almost 1000 trees. (5x more than we have actually planted in 4 years)

Replacing Incandescent light bulbs with LED lighting



Over the past 18 months we have embarked on a mission to replace all incandescent and fluorescent light fittings in the school with LED lighting. This project is being undertaken in-house.



Recycling

Despite no longer running a full time recycling depot, we are still recycling, reusing and reducing our waste materials. Paper, cardboard, plastic, glass and metal is being recycled in-house.

Borehole Water

We have been using borehole water for many years now but after the recent water shortages we expanded the use of borehole water into most of the flushing toilets of the school.



Rain Water Collection

In each of our garden quads we have 10 000 litre water storage tanks which harvest rain water from the buildings surrounding each quad. Each tank is then fitted with a small pump and the garden in the quad is then watered with rain water pumped directly from the water tank in the quad. We also use irrigation systems which further minimize water wastage.

Removal of Alien Trees on Campus

We are slowly ridding the school of exotic and alien pine and blue gum trees from the campus. These alien species consume a lot of ground water to the detriment of surrounding indigenous species.

Planting of Indigenous Trees

We have planted well over 200 indigenous trees of various species over the past 4 years. As they are suited to a Mediterranean climate, they are not big water consumers and are able to withstand summer drought conditions.

Water wise Gardens

Our resident gardener, Derek, has transformed our gardens into water wise gardens which are both functional and beautiful at the same time. These flowers and plants too are summer drought resistant. An added benefit of planting these indigenous plants is that we are attracting many more birds and insects, which we haven't seen for years on the campus.



Reduction of Plastic Usage at School

The RCL and Green Club have led the way in reducing the use of single use plastics at school. They have also run awareness assemblies.

Saving the Rhino – The Power of 2000

The school raised over R30 000 which was donated to the Power of 2000 in order to purchase a 4x4 motor vehicle for the Black Mambas to assist them in the fight against rhino poaching. We were the ONLY school to contribute to this initiative. Our school badge is proudly displayed on the vehicle and it is good to know that our name is linked to the prevention rhino poaching in the Kruger National Park and surrounds.



Mr Stephen Price



Thanks to
 Chatters Infrastructure Solutions (Pty) Ltd
 for the amazing exam venue.



OUR VALUE FOR THE MONTH OF SEPTEMBER IS COMPASSION!



Compassion is the
 foundation of humanity.



**PRACTICE COMPASSION
 EVERY DAY!!**

**NEVER LOOK DOWN ON
 SOMEONE UNLESS
 YOU'RE HELPING THEM UP.**

- JESSE JACKSON

Our human compassion binds
 us the one
 to the other
 - not in
 pity or patronizingly,
 but as human
 beings who have
 learnt how to
 turn our common
 suffering into hope
 for the future

- Nelson Mandela -



WATCH US GROW



While your children are growing in their knowledge in the classrooms they are surrounded by a dazzling array of Spring flowers outside in the gardens, thanks to Mr Derek Grant who has worked wonders, bringing much joy to learners and teachers alike.



School-Days is an easy way to support Bergvliet High School while personally benefiting from exclusive offers and discounts.

In the same way as MySchool and Woolworths works, you can now join School-Days (online) and nominate Bergvliet High School as your

beneficiary.

No extra cards required – after joining School-Days, you are linked to the Dis-Chem Benefit Card, and members get their Dis-Chem cashback AND raise money for Bergvliet High School!

To get started:

1. Download the School-Days app: www.edu.co.za/app
2. Select Bergvliet High School as your beneficiary.
3. Start supporting.
4. Track your contributions and transactions.

Also, check out the other School-Days' Earn Partners like NetFlorist,





#JERUSALEMA CHALLENGE

Staff and learners took up the #jerusalemchallenge and we think you will agree we did a great job! Bergvliet High would like to dedicate our dance to the Health Care workers of South Africa who have been on the frontlines of fighting Covid-19 for the past 6 months or more.

So many of our parents are, in fact, involved in the Health Care profession and we say a special "thank you" to them.

We hope you enjoy our version of the #jerusalemchallenge as much as we enjoyed doing it.

Thanks to Mrs Vossgetter for providing the on-site dance lessons, to Mr Smith and Mr Coetzee for some video, to Mr Rimbault for the drone footage and final editing and of course to all those who took part - it's an awesome production!!



Jerusalem link on YouTube - https://youtu.be/WWqaYm_vMkw

MESSAGE TO THE MATRIC CLASS OF 2020

STAY POSITIVE. WORK HARD. MAKE IT HAPPEN.



<https://www.facebook.com/watch/?v=3369474223120934&extid=1r3u66Ph06STYZKM>

**Strength & Conditioning for
14-18 years old**

**I specialize in helping 14-18 years old
who play:
Tennis, hockey, swimming & running
who are:**

- 1. Competitive?**
- 2. Have been injured?**
- 3. Need to improve their Strength &
Conditioning to return to their sport?**

To help improve:
Strength - Endurance - Agility - Coordination
Core stability - Speed - Mobility - Flexibility

CONTACT: Raasay Waters <raasay@exercisetherapy.co.za>

LOVELOCAL

Blue Route Mall is donating hampers

TO LOCALS IN NEED

Nominate locals in need @

<https://www.blueroutemall.co.za/whats-on/love-local-campaign/>



T | 021 713 2360
16 Tokai rd | Tokai | Cape Town
blueroutemall.co.za



MySchool MyVillage MyPlanet—**click the LINK**

Help **Bergvliet HS** earn sustainable funding through MySchool MyVillage MyPlanet, without costing you a cent!
Swipe your card at any MySchool Partner, and a donation will be made, on your behalf to us.

JOIN Now!
To register as a
Supporter

LOGIN Here!
To update your
beneficiary and link
your card

Swipe your card at any Woolies, Builders , Loot.co.za, Engen Quickshop,
Bidvest Waltons, Worksheetcloud, Netstar, Power24.co.za or

Search for other Partners
near you Here!

Prefer a virtual card? Download the Free MySchool App Now!



Please keep using your
MySchool MyVillage
MyPlanet

card online or in-store when you
shop for
essentials, to keep supporting
Bergvliet High School.

Link your card:
Email: cs@myschool.co.za
Telephone: 0860 100 445
Business Hours: Monday to Fri-
day, 08:00 to 17:00.

Heritage Day recognizes and celebrates the cultural wealth of our nation. At Bergvliet High School, we too celebrate the many cultures that make up our school. Living heritage is the foundation of all communities and is the source of our individual and group identity. We all come from different cultures, yet our common identity is one of being uniquely South African. So too, the staff and learners, are uniquely Bergvliet High.

Heritage plays an important role in developing social cohesion, reconciliation, social and economic development. At Bergvliet High we celebrate having the living treasure of real people who each contribute to the diverse living heritage at school. We believe that the preservation of our cultural differences, together with our common bond as current and past members of this school, is paramount in addressing the challenges all communities face today.

Bergvliet High is a multi-cultural space where we continue to address the challenges of transformation, diversity and inclusion in a positive and forthright way. Issues around gender, age, culture, race, religion, disability, economics, language and nationality make this school a cosmopolitan environment which we celebrate every day.

Mr Stephen Price



HAPPY HERITAGE DAY



**HERITAGE DAY IS A SOUTH AFRICAN PUBLIC HOLIDAY
CELEBRATED ON 24 SEPTEMBER. ON THIS DAY,
SOUTH AFRICANS ARE ENCOURAGED TO CELEBRATE THEIR
CULTURE AND THE DIVERSITY OF THEIR BELIEFS AND
TRADITIONS, IN THE WIDER CONTEXT OF A NATION THAT
BELONGS TO ALL ITS PEOPLE. ...WIKIPEDIA**