

BERGVLIET HIGH SCHOOL



THE BUZZ

MAY 2023 EDITION



PRINCIPAL'S PAGE



The 1ST of May celebrated Worker's Day. While many of us may have had the privilege of enjoying the public holiday, sadly the essence of Worker's Day was lost, when a large number of workers were at work. Applicable to so many, potentially yourselves included, you were obliged to work on the day due to economic challenges due to load shedding, interest rate hikes, and the general cost of living. To our own "workers" in various areas of the school, we appreciate your contributions to the success of Bergvliet High School.

On a more positive note, May saw the start of our Derby Day Season. We visited Westerford High School on 5 & 6 May and Camps Bay High School arrived at BHS on 19 & 20 May. It warmed my heart to see so many learners embracing the request to be appropriately attired in school or sports uniforms. They all looked beautiful. Thank you for the role you played to ensure that your child took the request seriously.

Towards the end of May we started our mid-year exams. Without a doubt a stressful period for both learners and parents. I encourage you to provide your child with loads of encouragement, desk space and opportunities to prepare well for each and every exam they write. To those learners still participating in sporting activities, please ensure they strike a balanced approach to work and play. The investment in our sports, clubs and societies is paying huge dividends when I see their successes and the number of learners involved, whether as participants or spectators. Thank you parents for making all of this possible when you pay your school fees.

We wish every learner a successful exam period.

Flu season has hit us hard, judging by the number of learners booked off prior to the exams and now during the exams. Please ensure that your child receives the necessary medical care to assist with a full and speedy recovery. Wearing a mask daily is of utmost importance, eating a well-balanced meal, and ensuring that adequate sleep patterns are maintained.

A medical certificate is essential if your child misses an exam. When your child is late or absent in general it is essential that the Register teacher and House Head are emailed directly providing the reason for being absent or late.

The added outbreak of mumps in certain areas has also presented us with another challenge. Know the signs and seek the medical attention required for your child timeously.

The safety of your child remains a priority for us and hence the sms which I sent about ensuring that your child takes the necessary precautions when arriving at or leaving school, especially with staggered times during the exam period. Opportunists are out there ready to target children walking alone to and from school.

We also take a moment to remember learners who have lost their lives this month, especially those involved in the Mitchell's Plain road tragedy this past week.

Mrs P Demas
Principal



TOUGH RUNS DON'T LAST, TOUGH RUNNERS DO



Photo1: **Tyler Steyn** (8B) and **Matthew van Reenen** (8B) completed the Absa 10km race in the Junior Men's section. Matthew completed the course in 50 mins. followed shortly by Tyler in 51 mins. There were 136 men who ran in the Junior Men's section, and they came 47th and 51st.



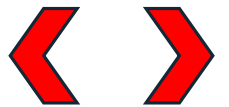
Photo 2: **Mia Goliath** (9v) chose to celebrate Mother's Day by running the Absa Run Your City race with her mother. They both ran the 10km, saying it was a struggle but they managed to finish together....what a special memory...well done ladies



Photo 3: There is no stopping **David Johnson** (11R) who finished the Absa 10km Run Your City in 42,07 minutes, an amazing10th place in the junior men's section.... well done David, on another great run!!

Photo 4: David Johnson is definitely going places, on 28 May he ran 10km in the Slave Route Challenge. David said, "The route was amazing, through all the historical landmarks. I ran through the Castle, through Gardens and saw City Hall with Nelson Mandela's statue. I ran up Koeksister hill which wasn't that bad and past the Regional Court". David again came in the top 10 of his age category "It was such an amazing race, there was even the canon, not a start gun to start the race. It's amazing to hear the enthusiasm in your report David...Again, well done!!

Keep up the running guys, you are doing so well!!!





OUT OF THIS WORLD EXPERIENCE



Ms Zeta Booyesen took the top, grade 11 science girls to hear a talk by astronaut Nicole Stott at the Cape Talk studio, with presenter Pippa Hudson.

What an amazing opportunity to hear of astronaut Stott's experiences first-hand and to ask questions...inspiration on another level!! 🚀



F
I
N
E

A
R
T



FINE ART DEMONSTRATION

BHS Art Department invited local artist, Mrs Tayrrn Hichens, to demonstrate blending the oil paints.

She also guided the matric learners about the work they would cover, if they chose to do a degree in fine art from Michaelis School of Fine Art.

It was a productive session, and learners gained a lot of new knowledge about opportunities in Fine Art.

Mrs Shukla

To The Top

TUTORS @ YOUR SERVICE

We provide high quality tuition in the comfort of your home

- Assistance in all school subjects
- Tertiary level tutoring
- Homework Supervision

Mandy: 082-217-2077 | smp@icon.co.za
Theresa: 082-453-4792 | www.tutorsatyourservice.co.za

The advertisement features a large orange circle with the text 'TUTORS @ YOUR SERVICE'. Above it is a logo with a ladder and books. To the right is a photo of a woman tutoring a young boy. Below the main text are three smaller circular icons representing different tutoring services. At the bottom, contact information is provided for Mandy and Theresa, including phone numbers and email addresses.

KARATE KID



An exciting update on Tamara van Niekerk's karate tournament. There were 6 under 15 (50-55kg) competitors. After completing 3 fights and winning each round she achieved an incredible 1st place. Tamara now qualifies to compete in the Western Province tournament on 24 June 2023. Tamara you are a real champion for your school - we are proud of your achievements and wish you all the best for June.



DERBY DAY





Jive Cape Town Funny Festival

EDDY CASSAR
PUBLIC RELATIONS
PRESENTS

JIVE

Cape Town
funny festival

CAPE TOWN'S WINTER COMEDIC TONIC
It's a great night out!

DELIVERED BY TURKISH AIRLINES

5 JUNE - 2 JULY

THE PAM GOLDING THEATRE at
THE BAXTER

ALAN COMMITTIE SA | FULL FESTIVAL
LARRY SOFFER SA | FULL FESTIVAL
EMO ADAMS SA | Full Fest. (excl 30 Jun)
SCHALK BEZUIDENHOUT SA | 5-17 JUNE
DALIN OLIVER SA | FULL FESTIVAL
DAREDEVIL CHICKEN USA | FULL FESTIVAL
MARC LOTTERING SA | 20 - 24 JUNE
RIAAD MOOSA SA | 25 & 27 June; 1 July

FUNNY FESTIVAL

Grade 11 fundraiser.

Come and have a good laugh with the grade 11s.

One night only - 20 JUNE.

Tickets R200, payment by Karri, EFT or Card.

Once payment has been made, please email "proof of payment" to Mrs. Ford sford@bhs.org.za who will then send you your tickets.

WE ARE MOVING

OUR RONDEBOSCH STORE IS RELOCATING
**SHOP 19, GROUND FLOOR, STADIUM ON MAIN
MAIN ROAD, CLAREMONT**
NEW STORE OPENING 3 JULY 2023

Our new store will be located on the Ground Floor with street level access, towards the back of the STADIUM ON MAIN (SOM) mall (next to Ignite Fitness) in Claremont. Paid parking will be available to all School & Leisure customers. Enter the SOM parking at the back of the building and proceed to the Ground Floor Parking, or take the lift from Parking Level 1/Level 2 if no parking is available on the Ground Floor.

Please note that our shop at Rondebosch Main will be closed from 20 June 2023 for the move and will reopen at SOM on 3 July 2023. We look forward to welcoming you to our new School & Leisure concept store at SOM, which has great entertainment for students with Rush & Let's Go Bowling in the mall. We thank you in advance for your cooperation and understanding and apologise for any inconvenience during the period that we are closed for the move.

SCHOOL & LEISURE
YOUR SCHOOLWEAR SPECIALISTS
AN EDUCATED CHOICE!

TELEPHONE: 021 686 1541/2 EMAIL: rondebosch@schoolandleisure.co.za



MASQUE THEATRE

02 JUNE -19H30
03 JUNE - 15H30/19H30



abundance



A COLLABORATIVE
DANCE SHOWCASE

TICKETS: R120/R100
AVAILABLE VIA QUICKET

Our Grade 11 dancers will be performing at the Masque Theatre on 02 & 03 June - what a wonderful opportunity for them & a lovely event to support!



FREE EYE TEST FOR ALL BHS PUPILS

9 Park 'n Shop Centre, Firgrove Way, Meadowridge

Tel: 021 7127570 OR Whatsapp: 063 550 1114

Email: slyhne@netactive.co.za

www.stevelyhneoptom.co.za

T's & C's apply. Appointments are limited. Offer ends December 2023!

