



# THE BUZZ

## BERGVLIET HIGH SCHOOL



GREATER EXPECTATION, GREATER SUCCESS

JANUARY 2020

**A**t the first assembly of the year Mr Price welcomed the new learners in Grades 9-11 to the school, the new Grade 8 intake and several new staff.

Miss Eska van Niekerk – Life Sciences – she will be replacing Mrs Leonard. Miss Johané Koekemoer – Life Sciences/Physical Science, she replaces Mr van Eck but she will teach both subjects equally this year. Mr Denver Blennies – Afrikaans, he joins us from Gauteng and he is an additional Afrikaans teacher (he takes Mr James' place as an educator). Miss Stephani Snyman – Technology, she joins us from one of the country's top school in Bloemfontein.....Eunice....she will head up Technology. Mr Neulin Hendricks – Maths intern, joins us in his final year of studies.

We have a couple of exciting initiatives happening at school this year:

We are building a solar power station on the roof of the school in order to achieve the following:

- Reduce our electricity costs per month (R2.8 million over the next 20 years)

- Reduce our carbon footprint

- Reduce our dependence on state supplied power

- Utilise clean energy

Further develop our social conscience as a school – gender based violence, rhino poaching (The Power of 2000), plastic reduction and now clean energy

We have three main focus areas this year.

VALUES:

- Teach values

- Integrate values into our subjects

- Apply values in our sport and culture

- Carry our values into the workplace

Values are not slogans on the walls of our passages and classrooms

Miss Horak will be driving this for us and the first value for January is COMMITMENT.

Commitment to your academics, the school, to your sports and societies, to get involved..

OUR SPORT:

- Is our Achilles' Heel

- Can be our biggest strength

- SGB task team has worked throughout the holidays

- Premium placed on:

- Involvement of learners and staff

- Staff development and training

- Administration and support

- Short, medium and long term goals

Sport is not an optional extra at school, it is a pathway to success

Mr Rimbault will be making sure our sport starts off and continues in a good way. This is a BIG thing this year and for the next three years, as sport becomes compulsory in the junior grades. More of us are going to play sport, we are going to practice harder, we are going to win more, we are going to wear our sports kit with pride and we are beating Fish Hoek at Derby Day.

REUNION 2020:

- Reconnect with our alumni (past pupils)

- Establish sustainable networks with them

- Establish a financial support base

- Showcase the school's growth

- Draw in role models and mentors

Our alumni are our ambassadors. Their success represents the outcome of the teachers hard work.

We are also introducing the Toolkit to all grades. The Toolkit is a combination of practical everyday skills, citizenship and other useful "should know" things which are necessary for functioning in life after school. It is by no means a comprehensive list of skills but we have to start somewhere. We would welcome further suggestions to be included in further iterations of the Toolkit.

Essentially each learner in the school will receive a booklet and over the time they spend at Bergvliet High School, we would like them to complete the grade/age relevant skills indicated.

The items in the Toolkit are not all able to be completed at school, so this is where the collaboration between school, home and the community is important.

For example, the school can't really directly assist you in getting your ID when you turn 16, but we believe you should get your ID before the end of Grade 10. Therefore we will rely on your parents to guide you to do this and once completed, upon presentation of your ID, the school will sign off the relevant Toolkit skill/requirement.

If you are a member of a youth organization, such as Scouts or Guides, then some of the Toolkit skills may overlap with badges you are able to do with these organizations. Each Toolkit item will indicate with an S (school), P (parent) or C (community) where the specific Toolkit item can be completed.

The Importance of Community Service. As you can see the Toolkit asks that each learner from Grade 8 – 12 complete 10 hours of Community Service every year at an organization outside of the school. This is 2½ hours per term, although you may do any numbers of hours, providing you do a minimum of 10 hours for the year.

Why then are we asking you to do this? When you get to matric and start applying to university and for scholarships, one of the sections on these application forms is about community service. All universities and financial sponsors want to see that you have a track record of "giving back" to your community. What I mean by a track record is that there is a record of several years of community service and not just a short term flurry of service in matric in order to "tick off a few boxes".

We wish all the 2020 matrics well as they start their final year of school.

Mr S.D. Price



DREAMS  
Don't  
Work  
Unless  
YOU Do.



  
KEEP  
CALM  
AND  
Welcome To  
High School

Grade 8 Orientation week came to an end with the grade 8s enjoying some team building fun events



You have **BRAINS** in your **HEAD**.  
You have **FEET** in your **SHOES**.  
You can **STEER** yourself any  
**DIRECTION** you **CHOOSE**.  
~ Dr. Seuss





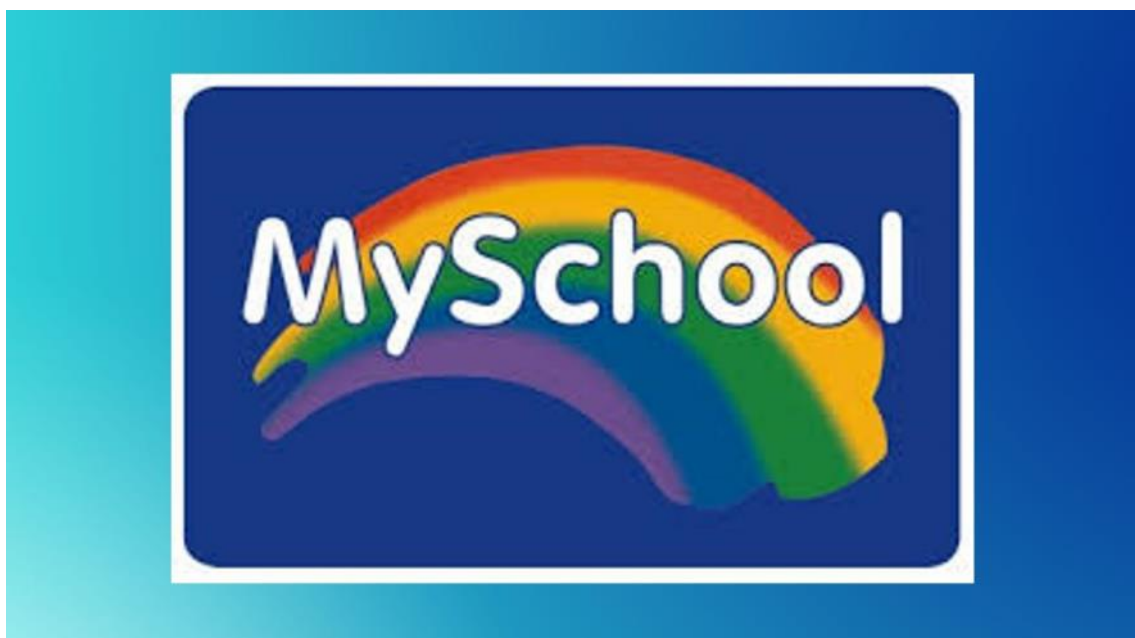
# CELEBRATE LOVE

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 For more details visit [www.blueroutemall.co.za](http://www.blueroutemall.co.za)

**DON'T FORGET TO SWIPE YOUR  
MYSCHOOL CARD  
TO RAISE FUNDS FOR THE SCHOOL  
EVERY BIT HELPS!**

# OPERATION SMILE IN ACTION

Matric learner, Jumana Logday has been involved with Operation Smile since Grade 8 and was recently granted an opportunity to experience an Operation Smile mission in Koforidua, Ghana.

Here is an extract from Jumana's inspirational visit to Ghana.

Because I am still a student, my responsibility on the team was to interact with the kids, teach them modules on hygiene, dental care and nutrition. I also helped out measuring babies head circumferences and packing peanut pastes and handing it to the moms, also doing some of the Medical Records and even watching some surgery.

My aim and purpose, was to learn as much as I could from those younger and older than me: patients, parents and my commendable team. My true purpose was to fully experience, what it was like to help people and to be part of something truly life changing. As Audrey Hepburn, a famous actress and humanitarian said, "As you grow older, you will discover that you have two hands. One for helping yourself and the other, for helping others." This mission has made me realise that this is indeed what life is really about: giving back.

Being involved for so many years, raising funds with my supportive school and spreading awareness about this selfless organization has been incredible and to finally witness so many people's lives being changed over a few days really is special.

Being part of such a remarkable team from all parts of the globe and interacting so easily with people of such high calibre was absolutely memorable and fantastic! Words cannot suffice to explain my gratitude and appreciation for being granted this golden opportunity to witness and be part of an Operation Smile mission in person. It truly was an experience of a lifetime and I hope to be afforded this opportunity again.

I think the hardest moment during the mission was to say goodbye. Goodbyes are never easy, especially when you've formed such precious bonds with so many kids, their moms and dads and not forgetting my amazing and talented team as well. Tuesday, December 3rd, was a very emotional day. We finished up with the half day of surgery and headed to the shelter to say our goodbyes to all the patients and parents. Upon arrival, we heard singing, chanting and people ululating. I was genuinely confused and a little bit scared to be honest but once I saw what I saw, my heart instantly melted. Parents with their babies on their backs, children, the young and the old were rejoicing together in one big, happy circle. Everyone was dancing and cheering: "My child got surgery!" "My baby is smiling!" "Hallelujah!" Just watching all those beautiful people whom I've gotten to know during the course of this mission celebrating and praising the Lord for what He has done was enough to make anyone's eyes fill up with tears.

The whole Operation Smile team joined them in their celebrations. We danced and cheered and laughed and smiled. Amongst all the celebrating and the commemorations, I took to one side and just paused for a second, embracing these wonderful moments in the making, taking in all the happy energy circling around me and just reminiscing the 10 days that I was here. It was then that I realised what true happiness felt like. And for that I am forever blessed and grateful. It really was an emotional, yet joyous occasion and it just shows how much we take for granted. The people of Ghana are so appreciative and thankful for the little that they have and in doing so, they've found happiness and contentment of the heart. That is definitely something we can all learn from and implement into our lives. This reminds me of yet another quote: "The happiest people don't have the best everything, they make the best of everything."

During the Koforidua mission, I witnessed and greeted numerous people with smiles every day. A smile truly is the prettiest thing anyone can wear but to see someone smile for the first time is indeed something else.

This mission was an eye opener for me and I definitely see myself continuing with humanitarian work. There's another kind of satisfaction you get when helping people. It is unexplainable and something you have to experience for yourself. To make a difference in someone else's life, you don't have to be the smartest person in the world, the richest or even the most perfect person. You just have to have compassion for others and be there!

A message to all aspiring volunteers would be: JUST DO IT! No act of kindness, no matter how small and irrelevant you think it may be, is wasted. If you truly are passionate about something, there is nothing in this world that can stop you from achieving your goals and dreams.

Once again, I would like to thank Operation Smile from the bottom of my heart for affording me this opportunity to go on such a fantastic mission to Koforidua.

Thank you for sharing your experience Jumana.

Please keep sending in your plastic bottle tops, which help to raise funds and if anyone wants to get involved with Operation Smile please speak to Mrs Earl

<https://www.operationsmile.org/>



Please share this exciting event with all past pupils and ex staff, near and far. We would love to see as many of you as possible - share, share share.....

You can download the registration from here - [http://bit.ly/BHS\\_Reunion\\_2020\\_Registration](http://bit.ly/BHS_Reunion_2020_Registration)



PLEASE JOIN US FOR THE

# BERGVLIET HIGH SCHOOL REUNION



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## FUNCTIONS

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16 July Golf Day  
17 July Business Breakfast  
17 July Gala Dinner  
18 July Derby Day vs Fish Hoek

Email : [2020@bhs.org.za](mailto:2020@bhs.org.za)



# THUDERCATS HIT THE SPUR



Thank you to all those who went to eat at the Silver Mountain Spur last Tuesday evening.

Our cheerleaders the Thundercats managed to raise an awesome R3 102.73.

4 more Shadowshifts are booked this year, so please keep an eye on the school's facebook page for the dates.

Thank you Ms Horak and Ms Du Plooy for organising and supporting this fundraiser and to all the other teachers who supported.

Photo: Thundercats enjoying a much deserved post shift meal.

Gia Parsotam, Nikiwe Mama, Caitlin Cooke, Leigh Domingo, Bianca Barry, Dylan Adams, Ashleigh Palmer, Tara Daniels, Shannon Shanker, Emilie Hinz, Seth Moodley, Chloe Griebelaar and Tarryn van der Merwe.

Awesome job guys!!!

## ADVERTISING OPPORTUNITY

The Astro is in use every week day, from March to September, by Bergvliet High School, Sweet Valley Primary School and by Constantiaberg Hockey Club during the weekends and during the holiday periods.

Alongside this, the Hall, which is adjacent to the Astro is hired for numerous events throughout the year, dance festivals, Eisteddfods, school functions, church meetings, to name a few. With this high level of exposure we believe this to be a valuable advertising opportunity especially with over 1000 learners and 80 staff members at the school.







## BERGVLIET HIGH SCHOOL OPEN DAY

18 February 2020  
14:30 - 19:00

You may attend one of our  
information presentations in  
the Hall at: 15:00, 16:30  
and 18:00

Contact: 021 712 0284 for  
further details



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For more details visit [www.blueroutemall.co.za](http://www.blueroutemall.co.za)  
T&C's apply







## COMMUNITY CHALLENGE



Last Saturday a group of BHS pupils helped at the water-point on the 10 km and fun run races of the Firgrove Challenge. A road race run by Spartan Harriers Running Club.

Thank you Mr Smith for these great photos and to our incredibly motivated learners—you guys are the real deal.





# Habitat for Humanity SA CYCLATHON 2020

## 25 HOUR EVENT

### 7 February

### 5pm

Live performances  
and Bands

Raffles Every Hour  
on the Hour

Great prizes to  
be won

### 8 February

### 6pm

V&A Waterfront  
Amphitheatre



Rustenburg Girls~ Rondebosch Boys~ Westerford~Herschel~Bishops~Springfield~Sacs

Join our learners as they support the Habitat for Humanity 25 Hour Cyclathon at the Waterfront this weekend.

Habitat for Humanity assist in building simple, decent and affordable housing. <https://habitat.org.za>

If you would like to donate to this awesome initiative please put R20 into the school's fees box (next to Reception) with your name and the word Cyclathon.

If you need any further information about how you can get involved please speak to Genna Grebe in Grade 12.