

# BERGVLIET HIGH SCHOOL



# THE BUZZ

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APRIL 2024 EDITION



# THE PRINCIPAL'S PAGE

Monday, 1<sup>st</sup> April 2024 marked my first year as principal and what a year it has been. Fortunately, more highs than lows that still leave me standing. This has been possible because I have been supported by an amazing staff complement who do so much and more at Bergvliet High School to ensure that your child has a home from home.

The Term 1 holiday period had significant activities taking place at BHS. Soccer and Rugby practices, replacement of our main hall asbestos roof and gutters, cleaning of the Firgrove Road roofs, painting, field rehabilitation and several other areas of maintenance. All of this was possible thanks to your commitment to paying regular school fees. We are also very grateful to the WCED for a financial contribution towards the roofs.

Our focus at BHS is a holistic one, that encourages our learners to strive for academic excellence, participation in sports, societies and clubs, forming lasting friendships, cultivating good habits, displaying kindness and respect towards all with whom they interact daily.

Our Christian families celebrated Easter during the holiday period, our Muslim families Eid al-Fitr and our Jewish families Passover.

At the start of Term 2, we welcomed a new staff member – Miss F. Daniels, who replaced Mr A. Williams as the Life Orientation teacher for several grades. We are also very fortunate to have Mr M. Fortune return (Ms K. Raw resigned from BHS) to assist with Business Studies in the senior phase.

I trust that everyone took the opportunity to meet briefly with their child's teacher at the Meet the Teachers evening and if a longer meeting was required you made the necessary arrangements to meet at another time.

The mid-year exams start on 16 May and it is therefore essential that your child maximizes class time and does all the necessary extra preparation to ensure a successful exam. Extra lessons have been available across all grades in the form of Peer Tutoring or the Power of 50 (the latter ensuring that each of our senior learners achieves a Bachelors Pass).

The last weekend ended on a high note with the soccer festival at WBHS, the 1<sup>st</sup> Team Rugby success against Parklands College, the Anime Society attending Comic Con Cape Town for the first time and two learners sharing 1<sup>st</sup> place alongside Reddam learners in the choreography section at the Cape Dance Festivals competition. These are some of your children participating or being spectators at these events. Thank you to the parents who have shown their support by being in attendance or dropping and collecting not only their child, but other learners in need of transport.

Do follow our Facebook page for weekly updates on the success stories of our children.

Regards

Mrs P Demas

PRINCIPAL





Witness the magic of resilience! ✨ Step into the world of creativity and passion as we proudly unveil glimpses from our unforgettable **performance at Artscape** in February. 🌟 Our exceptional learners took center stage in a collaborative showcase aptly titled "Resilience," embodying the spirit of perseverance and determination. They brought to life two captivating dance works crafted by the brilliant minds of acclaimed South African choreographers, Marlin Zoutman of New World Dance Theatre, and Darion Adams of The Aim Society. It was a momentous occasion filled with pride, honor, and boundless talent, marking a remarkable start to the year. As we reflect on this incredible privilege, we're reminded that our journey knows no bounds – onwards and upwards, always reaching for the stars! Let us continue to celebrate the power of art, resilience, and the unwavering spirit of our learners.

Mrs Vossgetter





Dio and Iman (Gr11) shared a 1st place win for their choreography \_“I like you” \_ at Cape Dance Festivals choreography competition today. Our dance department is super proud of them for their bravery and artistry! Ms Vossgatter



Pianist Emily Mentor and the Grade 10 Ensemble - Seth Van Ster, Micaela Hannibal, Mpho Mokhesi played during Assembly to an appreciative audience.

It's a pleasure to have such talent in our school.



Bergvliet High learners demonstrating skills and qualities  
👏👏...excellent!!



**The Two Oceans Marathon**, since 1970, is Africa's biggest running event. It has earned a reputation as the world's most beautiful marathon. Participants consistently vote it as one of the best in South Africa and it continues to attract strong fields and an increasing number of international entrants.

<https://www.twooceansmarathon.org.za/>

We were excited to follow our Bergvliet High representatives as they conquered their respective races.

Mr. Rimbault who ran the Ultra Marathon, on Saturday in a time of 5:50:25 and the Half Marathon on Sunday in 1:56:47. To run 2 Marathons in one weekend is a remarkable achievement.

Ms. Booyesen Half Marathon time: 2:32:14

Ms. Wentworth Half Marathon time: 2:30:00

David Johnson (Gr 12) ran in the U/20 category and crossed the line in 13th position out of 121 junior runners, with a time of 1:35:26. It's worthwhile to mention that David is only 17 years old, so this was an amazing performance by David.

We are so proud of our marathon runners it takes a lot of strength and determination, but they did it!!

**CONGRATULATIONS!**

**STEVELYHNE**  
OPTOMETRISTS

FREE EYE TEST FOR BHS STUDENTS

**Are you celebrating a birthday this month?  
Get 20% off a frame in your birthday month!**

9 Park 'n Shop Centre, Firgrove Way, Meadowridge  
Tel: 021 712 7570 or WA: 063 550 1114





# AQUATICS

Reece Adriaans (Rt) (grade 12) competed in the SSA B-Champs representing his swimming club Hurricane Aquatics.

He won the following medals:

- 1st 100m Fly
- 1st 50m Fly
- 1st 100m Free
- 2nd 50m Back
- 2nd 200m Free
- 2nd 50m Free
- 3rd 100 Breast
- 3rd 200 Breast
- 3rd 100 Back
- 3rd 50 Breast

This is a very impressive list of medals Reece, you must be very pleased with yourself.

Well done on your persistent work ethic, its really paid off.

Calum Okkers (Lt) (Gr 11) competed in the Eden Aquatics: SSA Level 2 Champs in Oudshoorn last weekend. He swam in the U/19 boys' race and won a bronze medal in the 200m backstroke.

Very well-done Calum. Your school is proud of you!





Calum Loy, David Johnson and Nicholas Roux participated in the Jan Van Riebeeck Cross Country school league and did the school proud.

It was a tough route at the foot of Table Mountain.

David and Nicholas both placed in the top 10 of their age group.

Congratulations young men of Bergvliet!  
Proud Bergvliet moment 🎉🎉🎉



**CAPE TOWN BIG BAND**  
*Jazz*  
— FESTIVAL —  
2024

**24**  
YEAR  
ANNIVERSARY

**DATES**  
WEDNESDAY 29 MAY  
THURSDAY 30 MAY  
FRIDAY 31 MAY  
SATURDAY 1 JUNE

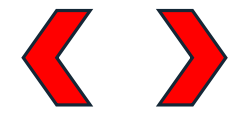
**VENUE**  
BAXTER  
CONCERT HALL  
CAPE TOWN

**PARTICIPATING BANDS**

|   |  |
|---|--|
| <b>WEDNESDAY 29 MAY</b><br>ST CYPRIAN'S JAZZ BAND, RUSTENBURG GIRLS' HIGH SCHOOL JUNIOR JAZZ BAND, GROOTE SCHUUR HIGH SCHOOL JAZZ BAND, WYNBERG GIRLS' HIGH SCHOOL JAZZ BAND, STEENBERG HIGH SCHOOL JAZZ BAND, SU JAZZ BAND                                 | <b>FRIDAY 31 MAY</b><br>SACS JUNIOR SCHOOL JAZZ BAND, WYNBERG BOYS' HIGH SCHOOL JAZZ BAND, LITTLE GIANTS, SACS HIGH BIG BAND, SACS HIGH TENTET, UCT BIG BAND   |
| <b>THURSDAY 30 MAY</b><br>WYNBERG BOYS' JUNIOR SCHOOL JAZZ BAND, BERGVLIET HIGH SCHOOL JUNIOR JAZZ BAND, PINELANDS HIGH SCHOOL JAZZ BAND, RUSTENBURG GIRLS' HIGH SCHOOL SENIOR JAZZ BAND, HERSCHEL GIRLS' JAZZ BAND, BERGVLIET HIGH SCHOOL SENIOR JAZZ BAND | <b>SATURDAY 1 JUNE</b><br>RONDEBOSCH BOYS' PREP JAZZ BAND, DSK JAZZ BAND, RONDEBOSCH BOYS' HIGH SCHOOL JUNIOR JAZZ BAND, WESTERFORD HIGH SCHOOL BIG BAND, RONDEBOSCH BOYS' HIGH SCHOOL SENIOR JAZZ BAND, ALUMNI BIG BAND |

**TIME**  
19H30

**TICKETS**  
ADULTS R160  
SENIORS, SCHOLARS 6  
STUDENTS R100





MATRICES LOOKING AWESOME IN THEIR NEW JACKETS







Bergvliet's soccer teams did their school proud this weekend showing skills, determination and talent, while keeping their nerve.

### Wynberg Boys Freedom Cup Tournament

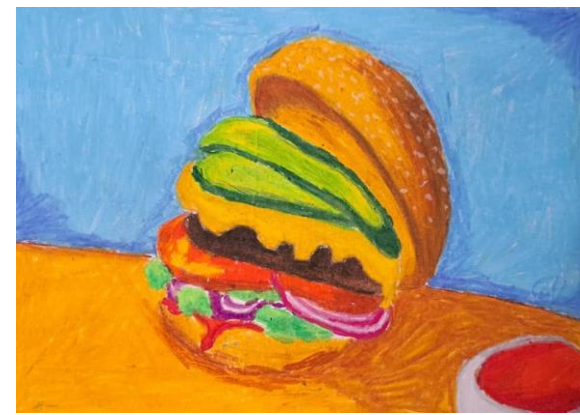
FINALS:

U17A team lost in the final against WBHS 1-0

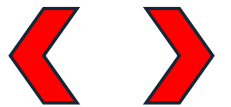
U15A lost in semi final against Bishops on penalties

Well done to all the BHS teams, managers and coaches, it was an epic weekend.





Food art by our grade 9  
Specialised Art class..  
Look good enough to eat  
😊



# GRADE 11 FUNDRAISERS



## FUN WHILE FUNDRAISING

Grade 11s had a great time at the Dodgeball fun event after school and tomorrow evening they will be doing a Shadowshift at the Spur, Blue Route Mall. Learning through participation, while fundraising for their Matric year.

[#teamwork](#) [#teamskills](#)

**GRADE 11 SHADOWSHIFT**

THE GRADE 11S WILL BE DOING A SPUR SHADOWSHIFT TO RAISE FUNDS FOR THEIR MATRIC EXPENSES!

THEY ARE GOING TO NEED AS MUCH SUPPORT AS POSSIBLE, SO PLEASE SAVE THE DATE AND MAKE AN EVENING OF IT.

**TIME:** 18:00 - 21:00

**DATE:** TUESDAY 30TH APRIL 2024

**PLACE:** SILVER MOUNTAIN SPUR, BLUE ROUTE MALL

# See you @ the Spur

